



Easy Steps with Big Impact for Climate Change: A Checklist

Use this checklist to track your progress through our *Easy Steps with Big Impact for Climate Change*. While you may not complete every item on the list — since some items occur less frequently and others are alternate solutions to a single problem — you’ll be able to show the impact you’re having, which is a good motivator to keep going!

NAME	DATE COMPLETED
1. You’ve Got the Power	
1. Switch to Green Energy	
2. Upgrade Your Insulation	
3. Install a Smart Thermostat	
2. Seeing the Light	
1. Switch to LEDs	
2. Manage Your Lighting	
3. A Greener Way Around	
1. Ride Your Bike	
2. Carpool or Ride the Bus	
3. Check the Air in Your Tires	
4. If You Must Drive, Drive the Most Energy-Efficient Car You Can	
4. Good to the Last Drop	
1. Go for Low Flow	
2. Use a Rain Barrel to Capture Your Rain Water	
5. Work on Your Waste	
1. Reduce Food Waste	
2. Bring Your Own Reusable Bags to the Grocery Store	
3. Avoid Plastic Wherever Possible	
6. Eat Fresh, Green and Homegrown	
1. Embrace a Plant-Rich Diet	
2. Start Your Own Raised-Bed Vegetable Garden at Home	
7. Stop! Freeze!	
1. Dispose of Refrigerators or Air Conditioners Properly	
8. How Your Garden Grows	
1. Reduce or Eliminate Your Lawn	
2. Use No-Emission Tools	
3. Plant Trees	
9. Let Your Voice Be Heard	
1. Contact Your Local Politicians and Support Policies and Organizations that Advocate for the Environment	
2. Get Others to Join You in Taking One or More of These Steps	
3. Connect Over a Story; Don’t Spew Facts at People	
10. Track and Share Your Progress	
1. Track Your Personal Progress	
2. Learn About Handprinting	